

A guide for:
Trainees
Placements
Supporters

MINE YOUTH TRAINEE SCHEME



"The trainee year is a fantastic opportunity to serve your area, learn new skills and be part of a team making a huge difference to the lives of children and young people."

PHIL MEDLEY, COMMUNITY DEVELOPMENT LEAD FOR MINE

MINE Youth Trainee Scheme

MINE Youth is the youth and children's work of Mission Initiative Newcastle East, a partnership of five Anglican Churches in the Byker and Walker areas of Newcastle's east end. Our vision is:

To cultivate safe spaces where children and young people can flourish and live life to its fullest.



To provide opportunities for children and young people to explore the Christian faith and encounter God in a meaningful way.



To train and equip volunteers and leaders of all ages.



Since 2016 we have run a gap year programme for young people aged 16-25 who want to explore the Christian faith more deeply, learn new skills and grow. We seek to provide trainees with a variety of opportunities to grow in existing gifts and skills, discover new ones, deepen their faith and strengthen their character.

The trainee scheme has three main strands:



Learn

Discover new skills and gain qualifications.



Serve

Help lead a variety of activities with MINE Youth and others.



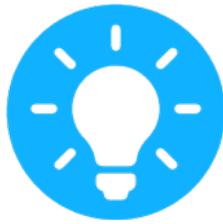
Grow

Deepen your faith and build your character.

"I have LOVED doing my trainee with MINE this year! I have enjoyed growing with young people and being part of their faith journey. I have learned how to be a lot more patient with children and how to talk to more people"

TAMMY, TRAINEE 2018-2019





Learn

Throughout the year trainees study the Bible and a variety of topics that are relevant to them and their development, and useful in a youth work context. Topics include wholeness and wellbeing, science and faith, how do we study the Bible, big questions, justice and relationships. Trainees also attend conferences and gatherings of youth workers from the region and share learning and good practice.

Qualifications and Training:

Trainees are enabled to study at a level appropriate to them. This may take the form of GCSEs and functional skills, or a level 3 award in applied theology through Equip North East.

Trainees also have the opportunity to gain qualifications in:

- First Aid
- Mental Health First Aid
- Sports Coaching
- Food Hygiene
- and more!

Unaccredited Training:

As well as the above, trainees receive training in:

- Youth work skills
- Safeguarding
- Time management and budgeting
- Reflective practice
- Schools work



"I have grown more confident in my faith and being able to speak to people about it. I'm more happy in myself knowing that I'm making a difference even if it is small, the ability to be a leader and take charge"

MALCOLM, TRAINEE 2016-2017





Serve

Trainees take part in a variety of local projects, placements, events and trips to invest in their existing skills and character, and to discover new talents. Exactly what a trainee does is built around them and the opportunities that would best help them develop, but will usually include youth work, schools work, external placements, trips and service in church. Here is a selection of the sorts of things trainees have done over the years.



MINE Youth Work

- Drop ins
- Toddlers and families groups
 - Detached youth work
- Sports, music, cooking, and more



Schools Work

- Mentoring
- Assemblies
- After school clubs
- Prayer spaces



External Placements

- Other churches
- Local charities
- Work placements



Trips

- Camps
- Mission trips
- Day trips

"This past year with MINE has been phenomenal! I have learnt so many new things about myself, about faith, about the children and about being a youth worker! There have been so many brilliant opportunities for me - to go places, to teach people, to be the best I can be! I have loved doing every day with MINE and working with the amazing team and young people!"

LOUISE, TRAINEE 2018-2019





Grow

"This year's helped me understand my faith more and get closer to God - I can talk to him now! I've got people I can ask questions to when I don't understand stuff."

ALISHA, TRAINEE 2017-2018



Lindisfarne retreat day, September 2018

The trainee scheme is about you growing in your skills, character and faith. Every trainee is paired with a supervisor and a support person to facilitate this. Supervisors meet trainees weekly and help them develop good working patterns and reflective practice. Trainees work with their supervisor to set targets through the year. Support people are people who are not directly involved in MINE and act as spiritual directors and an external sounding board. Trainees meet with their support people on a monthly basis.

Trainees also attend the MINE Youth team meetings, which include devotional time and a chance to check in on what is happening across the churches. There are termly team days and retreat days as well as conferences throughout the year. All of these are opportunities to step back from the pressures of the trainee year and take time to reflect and grow.

"The trainee programme brings so much to our Churches and communities in Newcastle East. It's at the heart of our children and youth work and we learn so much from the young people who spend a year with us."

PHIL MEDLEY, COMMUNITY DEVELOPMENT LEAD FOR MINE



Frequently Asked Questions

How much does the trainee scheme cost?

Trainees receive a living allowance (set at roughly equivalent to an apprentice stipend of around £400 a month). This, along with other expenses such as course costs and transport, means the trainee scheme costs MINE around £6,500-7,500 per trainee.

Where does the money come from?

We raise the money through charitable giving, grants, and donations. We ask trainees to help us in fundraising efforts but don't expect trainees to raise a set amount towards their expenses. Because of this fundraising requirement we're only able to accept a few trainees per year, depending on how successful fundraising has been the year before.

How long does the trainee scheme run for?

Trainees begin in the first week of September and finish at the end of August. Throughout this year trainees are expected to work for around 35 hours per week between self directed time, meetings and activities.

Where do trainees live?

Most trainees live at home during their trainee year however we do have options of places to lodge at an affordable rate for trainees (usually around half of the living allowance) if these are needed.

I'm under 18, what does that change?

Trainees between the age of 16 and 18 need parental consent for the trainee scheme and will not count towards safeguarding ratios for any clubs or activities they are part of. Some of the residentials trainees attend are for those up to age 18 so younger trainees will attend these as young people rather than leaders.

How do I apply?

Get in touch! Talk to any member of the MINE Youth team or the MINE clergy to find out more. The application process is:

- An initial conversation to find out whether the trainee scheme is right for you.
- An interview.
- An application pack will be sent to be completed.

Get in touch by email thisisachoicebyker@gmail.com or phone 07591 022 487

"I would recommend this trainee year to anyone who wants to further their experience in working with young people and exploring their faith. You get so much experience out of it and it can take you through things you can use in other things, you are always supported throughout the year, it's amazing to be a part of something special."

MALCOLM, TRAINEE 2016-2017



Support Trainees

There are three main ways you can support MINE Youth trainees:

Sponsor the trainee scheme

The trainee scheme costs MINE between £6,500-7,500 per trainee per year. This is raised through grant funding and individual donations. If you can contribute to this cost that would be greatly appreciated!

You can give by:

Cheque

Made payable to "Mission Initiative Newcastle East" (Please write MINE Youth on the back!) and send to:

"MINE Youth, 152 Roman Avenue, Newcastle Upon Tyne, NE6 2RJ"

Bank Transfer

MINE's bank details are:

Mission Initiative Newcastle East
The Cooperative Bank
08-92-99
65420324

Please use the reference "Trainees"

Online

You can set up a one off or regular donation through the Charities Aid Foundation at

www.bit.ly/MINEDonate

If you require a gift aid form, please contact thisisachoicebyker@gmail.com or call 07591 022 487.

Volunteer to support trainees

Between being a pastoral support, a tutor for ongoing courses, or running one off teaching sessions, there are many ways to support the trainees. If you feel able to take on any of these roles, please get in touch with Dave using the details above and we can talk it through.

Become a placement organisation

Trainees benefit greatly from opportunities to be part of established youth, children and community work and MINE Youth in turn grows through sharing their experience. Placement organisations usually work on the basis of a trainee volunteering with the organisation once a week during term time, and the trainee organisation liaises with the trainee's supervisor to ensure the trainee is able to make the most of the opportunity.

If you feel your organisation would benefit from a trainee being on placement, and that a trainee would benefit from the different experience then get in touch using the details above!

"I personally have seen our placement trainee grow in faith and maturity in the first few months with us and I would thoroughly recommend hosting a young person from the MINE Trainee scheme. It's been more than a delight and we are looking forward to the next six months."

REV SIMON WHITE, RECTOR OF MORPETH, PLACEMENT SUPERVISOR 2019-2020





St Anthony's
St Martin's
St Michael's
St Silas'
Christ Church



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Mission Initiative Newcastle East (MINE) is a registered charity #1163731.
MINE is a Bishop's Mission Order of the Diocese of Newcastle and is formed of the parish churches of St Anthony of Egypt, St Martin, St Michael's, St Silas' and Christ Church (Walker Parish).
MINE is also a Local Mission Partner of Scripture Union, see www.scriptureunion.org.uk for more.

